



The Borders Partnership of Schools  
**Barnby & North Cove and Glebeland  
Primary Schools**

Academy Head: *Mrs Louise Scott*. Email: [head@bordersprimary.org](mailto:head@bordersprimary.org)



16<sup>th</sup> September 2020

Dear Families,

We have been advised that a member of staff/pupil is currently following isolation rules and is undergoing testing for Coronavirus (COVID-19) at Barnby & North Cove Primary School.

We would like to reassure you that the school is following national guidance and has put in place the Local Authority's Compliance Code for educational settings to reduce the risk of spreading the virus. We continue to be vigilant for any other cases and will update you as soon as we are aware of the test results. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and providing your child remains well they can continue to attend as normal. We will keep this under review.

**What to do if your child develops symptoms of COVID-19:**

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared. Please inform the school. We also ask for your child to be tested. Please inform the school once you have received the results. Information on testing is available via the links below:

<https://www.justonenorfolk.nhs.uk/test-trace>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/ask-for-a-test-to-check-if-you-have-coronavirus/>

<http://www.nnuh.nhs.uk/our-services/covid-19-testing-key-workers/>

All other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. By household members staying at home for 14 days you will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able you should, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. Further information on isolation is available here: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

If your child is isolating due to developing symptoms themselves, or due the household isolation or being identified as a close contact please let us know as soon as possible in the same way you normally report absence. This will help us to take the right precautions at the setting.

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

## *Growing successful futures*

Barnby & North Cove Primary School, The Street, Barnby, Beccles, Suffolk, NR34 7QB

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Glebeland Primary School, Beccles Road, Toft Monks, Beccles, Suffolk, NR34 0EW

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**Symptoms:**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

**How to stop COVID-19 spreading:**

*Do:*

- Follow the guidance on social distancing
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser if soap and water are not available
- wash your hands as soon as you get home

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Further Information**

Yours sincerely,

**Mrs L Scott**  
**Academy Head**

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